Trainology Conference III at Ole Miss
July 12, 2019   12:00 pm ~ 17:05 pm
Turner Center, The University of Mississippi

Scott Dankel (Rowan University)   12:05 ~
Do people actually respond differently to resistance exercise?

Joonsun Park (University of Southern Mississippi)   12:35 ~
The acute muscular response to passive movement and blood flow restriction

Brittany Counts (University of Tennessee Health Science Center)   13:05 ~
The effect of estradiol administration on muscle mass loss and cachexia progression in female Apc^{Min/+} mice

Wenyuan Zhu (University of South Florida)   13:35 ~
Acute cardiovascular and muscular response to NO-LOAD exercise with and without the application of blood flow restriction

Robert Spitz (University of Mississippi)   14:05 ~
The impact of cuff width and pressure on perceived discomfort during blood flow restriction at rest and during lower body exercise

Noam Yitzchaki (University of South Florida)   14:35 ~
A time course of changes in echo intensity following resistance exercise in untrained individuals

Kiara Barrett (Troy University)  15:05 ~
Comparison of two vascular dopplers in measuring arterial occlusion pressure

Vickie Wong (University of Mississippi)  15:35 ~
The effect of blood flow restriction therapy on recovery following experimental induced muscle weakness and pain

Daphney Stanford (University of Southern Mississippi)   16:05 ~
The cardiovascular and muscular responses to different exercise modalities with blood flow restriction

Zachary Bell (University of Mississippi)  16:35 ~
Changes in muscle strength occur in the trained and untrained arm independent of changes in muscle size